

VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: BSB

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lescrauwaet Monique

Coaches: Sengers Daan HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 31: 100M MEDLEY WOMEN 11+ Heat:3, starttime: 14:18

Heat: 3/8 Lane : 1 Athlete: MCLAUHLAN ROSALYN Q-time: 01:39:93

PB (25m pool): no time PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		no time		no time
	no time			
				

Coach feedback:

Event number: 31: 100M MEDLEY WOMEN 11+ Heat:3, starttime: 14:18

Heat: 3/8 Lane : 2 Athlete: MACDONALD LOUISE Q-time: 01:37:83

PB (25m pool): no time PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		no time		no time
	no time			
				

Coach feedback:

Event number: 31: 100M MEDLEY WOMEN 11+ Heat:3, starttime: 14:18

Heat: 3/8 Lane : 8 Athlete: POLLMEIER ISABELLA Q-time: 01:40:91

PB (25m pool): no time PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		no time		no time
	no time			
				

Coach feedback:

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Event number: 31: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 14:22
Heat: 5/8 Lane : 1 Athlete: BELLO GALLEGO YAIZA					Q-time: 01:25:17
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 14:54
Heat: 1/7 Lane : 7 Athlete: MACDONALD LOUISE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 14:56
Heat: 2/7 Lane : 5 Athlete: MCLAUCHLAN ROSALYN					Q-time: 01:42:94
PB (25m pool): 01:44.83 Overijse 29/11/2025 PB (50m pool): no time SB: 01:44.83 Overijse 29/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.67		01:44.83	
	00:49.67 00:55.16				
					

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 15:02
Heat: 4/7 Lane : 3 Athlete: BELLO GALLEGO YAIZA					Q-time: 01:28:85
PB (25m pool): 01:28.85 Overijse 29/11/2025 PB (50m pool): no time SB: 01:28.85 Overijse 29/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.12		01:28.85	
	00:42.12 00:46.73				
					

Coach feedback:

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Event number: 36: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 15:38	
Heat: 1/7 Lane : 1 Athlete: POLLMEIER ISABELLA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback: